

Dear Parents/Carers

We demonstrate our Values of *Trust, Respect, Honesty, Kindness, Friendship and Generosity* at Prees C.E. Primary School and Nursery in all that we strive to achieve each day.

*Good luck to all our year 6 pupils sitting the SATs next week.
We are super proud of each and every one of you.
You are all amazing.*

Monday 13th May PE - Reception Class, Year 1 and Year 2

Tuesday 14th May PE - Nursery, Year 3, Year 5 and Year 6

Wednesday 15th May PE - Year 2 and Year 4

Thursday 16th May Swimming - Reception Class and Year 1
PE - Year 5 and Year 6
Outdoor Learning—Nursery Class

Friday 17th May PE - Year 3 and Year 4
Outdoor Learning Year 1

Please can children come to school in their PE kit on PE days and bring a spare pair of socks to change into as the grass can be wet. Can children come to school in Outdoor Learning clothes (a long sleeved top, long trousers, wellies and a waterproof coat). Thank you.



Holiday Club



Holiday club will run again on Friday 24th, Tuesday 28th and Wednesday 29th May.

Bookings to be made on sQuid; the closing date is Friday 17th May. Parents/Carers using the Childcare Scheme/Vouchers, should book by emailing knight.j@prees.shropshire.sch.uk

Starting Nursery in September

If your child will have had their 2nd or 3rd birthday by the 31st August they can join Nursery in September 2024.

Please find attached the initial Nursery Form to apply for a place.

Any queries please do not hesitate to contact us.



St Chad's Church

Would your children like to attend church sometimes? Would you like to bring your children to church but worry that they are expected to sit still and listen?

Why not try the **special family service** at St Chad's Church on the third Sunday of the month at 10.50am?

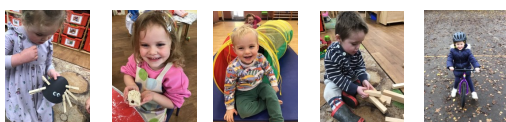
Come and get involved with a craft activity and coffee/ chat time then the service begins at 11.00am. The service often involves young people, if they wish, and is more interactive, shorter and no one minds if a young person wants to return to their craft or speaks or wriggles! This service builds on successful Crib and Baptism services and the congregation are happy to see young people involved. Why not come along?

Family worship services are on Sunday 19th May 10.50am, Sunday 16th June 10.50am, and Sunday 21st July 10.50am. We look forward to welcoming you!

Dates for your Diary

w/b 13th May	Key Stage 2 SATS
Friday 17th May	Pentecost Journey Day
Thursday 23rd May	Break up for half term
Friday 24th May	PD Day - children not in school
Monday 3rd June	Return to school
Tuesday 4th June	Sports Day - Years Reception, 1 and 2 before lunch and Years 3, 4, 5 and 6 after lunch
Monday 10th June	Nursery Sports 9.30am - 10.45am
Thursday 27th June	Class Group Photographs
Monday 15th—Wednesday 17th July	Year 6 Residential visit
Thursday 18th July	Break up for Summer holidays

Stay, Play and Chat



Prees C.E. Primary School & Nursery
every Wednesday
9.00am - 10.30am (during term time)
Sessions are free.

BBC — Tiny, Happy People

Tiny Happy People have a range of advice for everyone about helping children to understand their emotions.

Please visit:

<https://www.bbc.co.uk/tiny-happy-people/helping-children-understand-their-emotions/zc4fsk7>
to find out more.

Warm Weather

As the weather gets warmer please ensure your child brings a sun hat to school and sunscreen (labelled with their name, which only they must use and self-apply). Please can children bring a water bottle, labelled with their name to school each day. If your child is bringing juice to drink with their lunch can they also bring a bottle with water in so that they can remain hydrated throughout the day. Thank you.



Child absence

Please telephone school (01948 840209) by 9.30am if your child is unwell and will not be attending that day. If leaving a message, can you please provide the exact reason why your child is absent. If we have not heard from you by 9.30am we will text you and then follow-up with a telephone call if we have still not heard from you by lunchtime.

We also contact parents of Nursery children who do not attend, for whatever reason, on days that we are expecting them to attend.

Thank you.

School Meals

Hot school meals are available daily at a cost of £2.35 (£1.65 for Nursery children) and payable via sQuid.

Children in Reception Class, Year 1 and Year 2 are entitled to universal free school meals.

Your child may be entitled to free school meals if you are in receipt of certain benefits.

Please visit the site below to check if you are eligible to apply.

<https://www.gov.uk/apply-free-school-meals>

Thank you.



Reading Books and Reading Records

Can your child please bring their reading book and reading record to school each day so that we can record when they are reading in school.

Thank you for listening to your child read at home, it is making a huge difference.

If you are concerned about someone's safety

In an emergency dial 999, but for other calls to the police please ring 101. To report a safeguarding concern by phone ring the **First Point of Contact team** on 0345 678 9044 Monday to Thursday, 9am to 5pm, and Friday 9am to 4pm.

If you have urgent adult safeguarding concerns outside of these hours, please phone the **Emergency Social Work Duty Team** on 0345 678 9040.

The SEND Local Offer

Lots of information and support for children and young people with SEND and their families, including:

- Education
- Health and wellbeing
- Family support
- Social care
- Preparing for adulthood
- Early help
- Things to do
- Education, health and care plan (EHCP)
- Travel and transport
- Financial support

local.offer@shropshire.gov.uk 0345 678 9063
www.shropshire.gov.uk/the-send-local-offer/



If you need help accessing the Local Offer please speak to your school or local library.



Support for parent carers of children with SEND

Shropshire's Local Offer

Having access to good quality information to help you understand the world of SEND is important when making decisions about your child's life. This is where websites such as the [Shropshire's SEND Local Offer](http://www.shropshire.gov.uk/the-send-local-offer/) can help you.

Shropshire Larder - a resource for people in Shropshire

The Shropshire Larder is a community information resource, bringing together the support available in Shropshire for people on low incomes.

Take a look at their website for further information on the following:

- How to access emergency food
- Where to access low cost or free food in Shropshire
- Advice on eating well on a budget
- Where to get local help with money issues

<https://www.shropshirelarder.org.uk/>



Parenting Helpline

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. Shropshire Council's Parenting Team is here to support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around child development and parenting?

Why not call our Parenting Helpline where one of our trained Parenting Practitioners will be ready to listen? Call 01743 250950 - Tuesdays and Thursdays from 9am to 12.30pm.

If you would like to find out about other services the Parenting Team offers please email: Parenting.team@shropshire.gov.uk

spa dental
Whitchurch

NHS children's appointments

- ◆ General dentistry
- ◆ Oral health education
- ◆ Saturday opening
- ◆ After-school appointments



Scan & Book your Appointment Here

Corser House, 17 Green End,
Whitchurch, Shropshire, SY13 1AD

www.spadental.co.uk/contact

Worrying About Money

Worrying about Money? Please use the link below to find guidance and advice regarding money worries that may be affecting you and your family:

<https://www.worryingaboutmoney.co.uk/shropshire>

Leaflets are also available from:

<https://www.foodaidnetwork.org.uk/cash-first-leaflets>

Shropshire family
Information Service

Info, advice and support,
for families in Shropshire

Find us on:



Is being online affecting our child's mental health?

There are many positives to being online, but we do need to be aware of the negative aspects including those that may impact on our child's mental health and wellbeing, for example:

Social media (spending too much time on social media, comparing ourselves to others, filtered images and desire to achieve likes).

Cyberbullying

Seeing inappropriate content

Constantly connected/information overload

Excessive screen time

Negative impact on our sleep

Further information

Childnet discusses digital wellbeing in more detail and includes top tips and conversation starters:

<https://www.childnet.com/help-and-advice/digital-wellbeing/>

The NSPCC provides further information about mental health including signs to look out for and how to get further support: <https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/>

WhatsApp Group warning

Whilst WhatsApp has an age rating of 13+ (recently lowered from 16), a BBC investigation has found that children as young as nine have been added to WhatsApp groups and seen inappropriate content. If your child is using WhatsApp, check their group settings as by default, group privacy settings are set to 'everyone,' which means anybody can add your child to a group without their approval. You can change this setting to 'My Contacts' so only contacts can add them to groups without their approval and if somebody who is not a contact wants to add them to a group then they will need to send them an invite.

You should talk to your child about the risks of joining groups and show them how to use the reporting/blocking tools. You can find out more about the BBC investigation here:

<https://www.bbc.co.uk/news/articles/cy0l4z8n1p9o>

Smartphone Free Childhood

Smartphone Free Childhood is a parent-led movement whose mission is to protect children from the dangers of using smartphones too young.

The premise behind this movement is that all parents/carers of a class, all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age. Are you ready to join? Find out more here:

<https://smartphonefreechildhood.co.uk>

You may feel your child does need a phone, particularly if they are walking home by themselves but there are alternatives to the smartphone, including a watch, which are listed here: <https://smartphonefreechildhood.co.uk/alternatives>

If your child already has a smartphone then Internet Matters have a section on their website with advice on smartphone safety:

<https://www.internetmatters.org/setupsafe/>

