



# Communication Opportunities

If your child is able to get things that they want by themselves or you always get what they want, they don't need to communicate with you to ask for things. Give your child chances throughout their day to communicate with you.



Wait to do things that you would do automatically e.g. leave their coat unzipped, leave the TV on pause.



Accept any way that your child communicates with you e.g. using their eyes to look, actions or words.



Give snacks to your child that need opening or peeling so they can let you know they need 'help' to open it.



Wait for 5-10 seconds. If they don't communicate, offer 'help' or 'more' and give them the item or help them.



Give your child a small amount of snack or drink so they can let you know when they want 'more'.



Hold some items during play activities e.g. puzzle pieces so your child can request 'more' of the item.



Scan this QR code or go to <https://vimeo.com/710298404> to watch a video to help you with this strategy.