

# Dear Parents/Carers

We demonstrate our Values of *Trust, Respect, Honesty, Kindness, Friendship and Generosity* at Prees C.E. Primary School and Nursery in all that we strive to achieve each day.

## Twitter

Our school has a twitter account @preesschool. We use the account to share some of the amazing things that the children undertake in school. The account is private, but if you would like to follow our account then please request this and as long as we are sure who you are then your request will be accepted. Thank you.



# PREES SCHOOL NEWS

Monday 18th March	PE - Year 2, Year 4 and Year 6
Tuesday 19th March	PE - Nursery, Reception Class and Year 1
Wednesday 20th March	Swimming Year 3 - <b>Children to wear school uniform</b> Easter Service in St Chad's Church at 2pm ( <b>All children to wear school uniform</b> )
Thursday 21st March	Swimming Year 4 and Year 5 PE - Year 1 and Year 6 Outdoor Learning—Nursery and Reception Class
Friday 22nd March	PE - Reception Class, Year 3 and Year 5 Outdoor Learning Year 1 Piano Lessons for this week only

*Please can children come to school in their PE kit on PE days and bring a spare pair of socks to change into as the grass can be wet. Can children come to school in Outdoor Learning clothes (a long sleeved top, long trousers, wellies and a waterproof coat). Thank you.*

## Our Easter Service

We would like to invite you to join us for our Easter Service at St Chad's Church on Wednesday 20th March at 2pm



Everyone welcome



## Easter Bingo

Thursday 21st March

5-7pm (Eyes down 5.30pm)

in the school hall. Light refreshments.

. Come and join us at this child friendly bingo. Easy number and picture rounds included. Lots of chocolate prizes to be won.



**Donations of Easter eggs to be handed into the office by Monday 18th March please.**

## Comic Relief

It was lovely to see the children wearing something red.

Your donations raised £143.70

Thank you very much.



## \*\* Lunchtime Sports Clubs \*\*

Mrs Coles is offering lunchtime sports clubs. A timetable of year groups that will be taking part will follow shortly.

Next week, Mrs Coles will let the relevant classes know if they need to bring their PE kit and trainers to school {if they do not already have PE that day}. Thank you.

### Dates for your Diary

Wednesday 20th March	Stay, Play and Chat 9am – 10.30am Easter Service at St Chad's Church, 2pm - Everyone welcome
Thursday 21st March	Easter Bingo in the school hall - eyes down 5.30pm
Friday 22nd March	Last Day of the Spring Term
Monday 25th March—Friday 5th April	Easter Holidays—Children not in school
Holiday Club	Monday 25th, Tuesday 26th, Wednesday 27th March and Tuesday 2nd, Wednesday 3rd and Thursday 4th April
Monday 8th April	Children back in school

### **Holiday Club**



Holiday Club will run again on  
Monday 25th, Tuesday 26th, Wednesday 27th March and  
Tuesday 2nd, Wednesday 3rd and Thursday 4th April.

**Bookings must be made on sQuid, £12 per day, by Sunday 17th March please.**  
Parents/Carers using the childcare Scheme/Vouchers, should book by emailing  
knight.j@prees.shropshire.sch.uk Thank you.

### **Stay, Play and Chat**



at

Prees C.E. Primary School & Nursery  
every Wednesday

9.00am - 10.30am (during term time)

Wednesday 20th March will be the final session for the Spring term.

We look forward to seeing you again on Wednesday 10th April after the Easter break.

### **BBC — Tiny, Happy People**

Tiny Happy People have a range of advice for everyone about helping children to understand their emotions.

Please visit:

<https://www.bbc.co.uk/tiny-happy-people/helping-children-understand-their-emotions/zc4fsk7>

to find out more.

### **Easy Fundraising**

During these uncertain times we are looking for different ways to raise funds for school. We have registered for the Easy Fundraising scheme and would really appreciate your support with this. The scheme is very easy and free to use—if you buy any items on-line then please register with the easy fundraising website:

<https://www.easyfundraising.org.uk>

Once registered with the site when you buy on line, please log in and see if the retailer you are purchasing from is registered with easy fundraising—if they are, then log into the retailer's website via easy fundraising identifying Prees School as your chosen beneficiary and make your purchase - a percentage of the purchase price will be donated to school.

Please support us with this if you can, as it is a very easy way to raise funds for our school and does not cost you anything.

Thank you to everyone who has already registered.

## Get to know Age Ratings

Age ratings are in place to help protect your child, so we thought we'd provide you with a little reminder of how important it is to check the age ratings of what your child is accessing online. Here are the age ratings of some of the more popular apps that young people are accessing.

Did you know that WhatsApp has an age rating of 16?



Facebook



Instagram



Twitch



SnapChat



X (Twitter)



WhatsApp



YouTube



Messenger

## Instagram

You will probably know that Instagram is used to post photos and videos, but did you know that it can also be used to message, voice/video call and send disappearing messages? Users can also upload to 'Stories' (which disappear after 24 hours), broadcast live and upload reels (short videos).

**You must be over 13 years of age to set up an account.** To create an account, you must enter a date of birth (but it is not verified). *When you set up an account for users under 16 years old, the account is set to Private. This is the recommended setting so that your child approves who follows them and sees their content.* Even if your child's profile is private, their bio (at the top of their profile) can still be seen by **everyone**. Check they have not included personal information here e.g. they should not be wearing their school uniform in their photo.

Instagram includes several privacy settings, so go through these with your child and ensure they are set appropriately. Settings include:

Messages/Group chats – set who can message you/add you to groups.

Story replies – you can turn this off or choose who can message you.

Hidden words – turn this option on to hide comments/messages that may be offensive. You can also add your own custom words or emojis.

**Make sure your child understands that there is a risk that content they upload can be shared with others without their permission as other users can screenshot it.**

### Supervision

You can set up supervision on your child's (aged 13-17) Instagram account. This gives you access to a set of tools including the ability to see who they follow/who follows them, how much time they are spending on Instagram, set a time limit and view accounts your child has blocked. Your child can also share when they have reported anything to Instagram with you. Learn more here: <https://help.instagram.com/658522825492278>

### Safety Features

Ensure your child knows how to report posts and people, how to unfollow and block people, delete and turn off comments. View here: <https://help.instagram.com/269765046710559>

### Quiet mode

Your child can activate quiet mode, so they do not receive notifications (to provide less distraction whilst studying and at night time).

### How can I keep my child safe on Instagram?

The NSPCC have published a blog with everything that you need to know:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/keeping-children-safe-on-instagram/>

### More information

Visit the family centre to learn more about the features available: <https://familycenter.instagram.com/>

Download a parent's guide to Instagram: <https://help.instagram.com/299484113584685>

## The SEND Local Offer

Lots of information and support for children and young people with SEND and their families, including:

- Education
- Health and wellbeing
- Family support
- Social care
- Preparing for adulthood
- Early help
- Things to do
- Education, health and care plan (EHCP)
- Travel and transport
- Financial support

local.offer@shropshire.gov.uk 0345 678 9063  
www.shropshire.gov.uk/the-send-local-offer/



If you need help accessing the Local Offer please speak to your school or local library.



## Support for parent carers of children with SEND

### Shropshire's Local Offer

Having access to good quality information to help you understand the world of SEND is important when making decisions about your child's life. This is where websites such as the [Shropshire's SEND Local Offer](http://www.shropshire.gov.uk/the-send-local-offer/) can help you.

## Shropshire Larder - a resource for people in Shropshire

The Shropshire Larder is a community information resource, bringing together the support available in Shropshire for people on low incomes.

Take a look at their website for further information on the following:

- How to access emergency food
- Where to access low cost or free food in Shropshire
- Advice on eating well on a budget
- Where to get local help with money issues

<https://www.shropshirelarder.org.uk/>



## Parenting Helpline

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. Shropshire Council's Parenting Team is here to support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around child development and parenting?

Why not call our Parenting Helpline where one of our trained Parenting Practitioners will be ready to listen? Call 01743 250950 - Tuesdays and Thursdays from 9am to 12.30pm.

If you would like to find out about other services the Parenting Team offers please email: [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk)

spa dental  
Whitchurch

## NHS children's appointments

- ◆ General dentistry
- ◆ Oral health education
- ◆ Saturday opening
- ◆ After-school appointments



Scan & Book your Appointment Here

Corser House, 17 Green End,  
Whitchurch, Shropshire, SY13 1AD

[www.spadental.co.uk/contact](http://www.spadental.co.uk/contact)

## Worrying About Money

Worrying about Money? Please use the link below to find guidance and advice regarding money worries that may be affecting you and your family:

<https://www.worryingaboutmoney.co.uk/shropshire>

Leaflets are also available from:

<https://www.foodaidnetwork.org.uk/cash-first-leaflets>

Shropshire family  
Information Service

Info, advice and support,  
for families in Shropshire

Find us on:

