# Autism West Midlands Shropshire Family Service

## Teen Events – Action All In (ages 11-17 years)

12th Feb – Teen get-together Youth Club and Cinema– further details to follow.
28th March – Carding Mill Valley
4th April – Attingham (to be confirmed)

# **Family Event**

Face to Face Parent Meetings 22nd January – Autism and Behaviour and Coffee and chat, St Andrew's Church Shifnal 22nd February – Autism and Behaviour – Cleobury Mortimer Primary School

Book any of the above sessions at the below link: https://www.autismwestmidlands.org.uk/events/

#### **Online Training**

16th January – Understanding Autism Webinar16th February – How Autistic People Process Information12th March - Autism and Anxiety

Book an online advice appointment with an Autism Specialist Advisor here...

## • WEEKLY Teams Advice slots

For those who would like some online advice we are offering this virtually via video appointments. Teams also works well on mobile phones. To book a 45 min advice appointment with a specialist autism advisor please book via our shop. If the dates/timings of our online advice appointments are not convenient for you, please contact us to make alternative arrangements – scroll down for details.

https://shop.autismwestmidlands.org.uk/collections/events/products/copy-of-online-autism-advice-and-consultation-sessions-shropshire-county

IMPORTANT – WE EMAIL YOUR TEAMS LINK TO YOU THE WEEK BEFORE YOUR SLOT, MAKE SURE YOU CHECK YOUR INBOX INCLUDING SPAM/JUNK TO GET YOUR LINK

 $\cdot$  Virtual Support Group for Parents - Wednesday Mornings 10am - 11am & Wednesday Evenings 8pm - 9pm - 1st and 3rd Weds of each month (term time)

Our online support groups meet twice a month via Teams. This is an opportunity to talk with other parents, share ideas, and offer support. We recommend that you have attended an online advice appointment with a member of the team before joining group sessions (link above).

If you would like to join either of the support groups, please email the team here shropshire@autismwestmidlands.org.uk

#### Advice and support

We also offer advice and support over the phone and via email. Parents/carers and professionals can contact the team directly to arrange an appointment including face-to-face if preferable.

Shropshire office - 01952 454156

Weds, Thu, Fri - Emma Hegenbarth 07881109480

Mon, Tue, Wed, Thu - Dawn Lewis 07706309382

Mon, Tue, Thu - Nicola King 07706337511

Mon, Thu, Fri - Kerry McLafferty 07900784186 Email shropshire@autismwestmidlands.org.uk

Please remember - No formal diagnosis is needed to access the AWM Shropshire service and there is no formal referral route – parents/carers can self-refer by booking an advice appointment or contacting us directly on our Shropshire email address. You can also use our helpline.