

Autism West Midlands News – May 21 Rising to the Challenge

Our “flagship” series of workshops for parent carers starts again this term on webinar and Zoom – we hope to be back face to face in the autumn!

This FREE six session course is for parents / carers who want a better understanding of their child’s autism and learn about strategies that may help and support them. (Children do not need to have a diagnosis).

Each one-hour webinar is followed by an optional Zoom session to explore the day’s presentation in more detail and ask questions.

All dates are Fridays at 9.30am-10.30pm for webinars and 11.00am to 12.00pm for Zooms, starting from 14th May. More info and to book at this link:

<https://autismwestmidlands.org.uk/events/rising-to-the-challenge-2021-2/>

Other FREE Webinars for parents, carer’s and professionals running this term -

- How Autistic People Process Information, 13th May -
- Autism and Visual Resources, 26th May -
- Autism & Sleep, 17th June

For more information and to book, see our events page:

<https://www.autismwestmidlands.org.uk/events/Zoom>

Together Fun sessions for 12 – 17-year-olds 5th May & 2nd June 6pm -7pm

Part of Shropshire Council's 'All In' Short Breaks Service.

Young people must be living in the Shropshire Council Area and be registered with the council’s “All In” Short Breaks Service to take part. For more information and how to book visit: <https://www.autismwestmidlands.org.uk/events/zoom-together-fun-sessions-forshropshire-youngsters-feb-mar-21/>

Zoom Advice slots – 5th & 20th May and 9th & 24th June

For those would like some face-to-face contact we are offering this virtually via video appointments.

Zoom works well on mobile phones.

To book a 45 min advice appointment with a specialist autism advisor please book via our shop <https://shop.autismwestmidlands.org.uk/>

Telephone appointments are also available see below.

Virtual Support Group for Parents - Wednesday Mornings 11am-12pm & Wednesday

Evenings 8pm-9pm We are running our weekly online support groups via the Zoom

platform. This is an opportunity to talk with other parents, share ideas, and offer support. If you would like to join either of the support groups, please email Gemma at

gemmae@autismwestmidlands.org.uk

DAD’s Group – 29th April, 7-8pm We welcome Dad’s to come and join our online group.

Come together to share ideas and advice with a member of AWM present. For more information on this group and to register please visit:

[https://www.autismwestmidlands.org.uk/events/Advice and support](https://www.autismwestmidlands.org.uk/events/Advice%20and%20support)

We continue to offer advice and support over the phone and via email. Parents and carers can contact our small team directly to arrange an appointment please call: Mon, Tue, Thurs, Fri - Wendy Cowton 07900784186 Weds, Thu, Fri - Emma Hegenbarth 07881109480 Email: shropshire@autismwestmidlands.org.uk Helpline 0121 450 7575