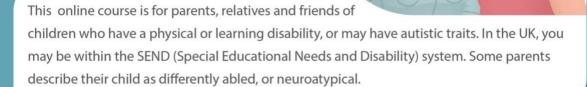






'Understanding your child with additional needs'

A new online course for parents.



It is equivalent

to a:



A **BIG** course, with lots of relevant content.

This course is in two sections:



Lays the foundation for understanding your child.



Looks at some particular aspects of parenting: sleeping and anger management.

Once you've finished level 1 you can progress onto level 2 if you'd like.

A total of:





15-20 mins each.

Some of what this course covers:

- · How your child develops
- · Understanding how your child is feeling
- · Tuning into what your child needs
- · Different styles of parenting
- · Why is sleep important

Further details:

 $\underline{www.inourplace.co.uk} \mid \underline{www.solihullapproachparenting.com} \mid \underline{solihull.approach@heartofengland.nhs.uk}$

