

<b>GAMES</b>		<b>YEAR 1</b>	
<b>LEARNING INTENTIONS:</b>			
To use basic underarm rolling and hitting skills			
To intercept, retrieve and stop a bean bag or medium sized ball with some consistency			
To sometimes catch a bean bag and medium sized ball			
To track balls and other equipment, moving in line to collect them			
To throw, hit and kick a ball in a variety of ways, depending on the game			
To choose different ways of hitting, throwing, striking or kicking a ball			
To decide where to stand to make it difficult for an opponent			
To describe what changes happen to the body during game			
<b>Learning Objectives - Knowledge, Skills and Understanding:</b>			
<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>
<ul style="list-style-type: none"> <li>▪ To be confident and safe in the spaces used to play games.</li> <li>▪ To explore and use skills, actions and ideas Individually and in combination to suit the game they are playing</li> </ul>	<ul style="list-style-type: none"> <li>▪ How to choose and use skills effectively for particular games</li> </ul>	<ul style="list-style-type: none"> <li>▪ To watch, copy and describe what others are doing</li> <li>▪ To describe what they are doing</li> </ul>	<ul style="list-style-type: none"> <li>▪ That being active is good for them and fun</li> </ul>
<b>Teaching Activities:</b>			
WEEK 1	Give the children lots of opportunities to play a variety of running and avoiding games. These are a good way to warm up and should be part of most games lessons with children of this age. Get them to see how practising skills can help them feel warmer. Ask the children if they enjoy playing games and physical activities. Talk to them about why it is good for them to play and get out of breath.		
WEEK 2	Ask the children to explore different ways of using a ball or other equipment, e.g. bouncing a ball, passing it from hand to hand, around the body, through the legs, over the head, moving it with their feet or a stick, hitting it to a target.		
WEEK 3	Help them to find different ways to send a ball or other equipment, e.g. a bean bag, with their hands e.g. throwing, rolling, pushing. Show them how to retrieve and stop a ball using different parts of the body.		
WEEK 4	Help the children to find different ways to use a racket to dribble, carry or hit a ball or other equipment, e.g. to roll a ball along a line, slide it across a space, bounce it, roll it around the racket, carry it on the racket, drop it from the racket, gather it with the racket.		
WEEK 5	Teach the children to recognise the top of a bounce and use this to develop their gathering and catching skills. Teach them how to watch, track and get in line with a ball. Talk to the children about how to help their partner when practising skills.		
WEEK 6	Teach the children how to score in games. Help them to understand which targets they are aiming for and the need for accuracy.		
WEEKS 7 AND 8	Explain to the children the difference between helping a partner and playing against someone. Encourage them to explore different ways of sending equipment so that it is difficult for their opponent to intercept or stop. Teach them ways to defend their targets. Help them explore different ways to make it difficult for their opponent to score. Listen to the children's ideas about what makes it difficult for them to play, and how they have made it difficult for their opponent, e.g. pretending to throw one way and throwing another. Help the children to understand the concepts of team, scoring, and direction of movement for their partner, group and team in a game. Teach the children to watch each other playing games and describe what's happening. Help them to explain what they find works well and to use different ideas in their games. Give them opportunities to talk to each other about what they have done and how they do it, and ask them to copy each other.		

<b>ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF SIMPLE GAMES.</b>			
<i>AUTUMN: TENNIS FOOTBALL-TYPE GAMES</i>		<i>SPRING: NETBALL-TYPE GAMES</i>	<i>SUMMER: ROUNDERS KWIK CRICKET</i>
<b>GAMES</b>		<b>YEAR 2</b>	
<b>LEARNING INTENTIONS:</b>			
To show awareness of team mates and opponents when playing games			
To perform basic skills of rolling, striking and kicking with more confidence			
To apply skills in a variety of simple games			
To make choices about appropriate targets, space and equipment			
To use a variety of simple tactics			
To describe how the body works and feels while playing games			
To work well with partners and in small groups to improve skills			
<b>Learning Objectives - Knowledge, Skills and Understanding:</b>			
<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>
<ul style="list-style-type: none"> <li>▪ To improve the way they coordinate and control their bodies and a range of equipment</li> <li>▪ To remember, repeat and link combinations of skills</li> </ul>	<ul style="list-style-type: none"> <li>▪ To choose, use and vary simple tactics</li> </ul>	<ul style="list-style-type: none"> <li>▪ To recognise good quality in performance</li> <li>▪ To use information to improve their work</li> </ul>	<ul style="list-style-type: none"> <li>▪ To recognise and describe what their bodies feel like during different types of activity</li> </ul>
<b>Teaching Activities:</b>			
WEEK 1	Talk to the children about how their bodies feel when playing different games. Listen to their comments and explanations of what their bodies' look and feel like. Teach them to feel their heartbeat. Ask them why their heart rate increases and why they get hotter during exercise. Help them to understand the importance of preparing safely and carefully, and teach them activities to help them prepare.		
WEEK 2	Ask the children to practise accuracy in their throwing and hitting skills. Ask them to use a variety of targets, including equipment, e.g. hoops and cones, and partners. Help them to improve their accuracy and consistency by varying the size and distance of the targets and by making the thrower/hitter and receiver either stand still or move.		
WEEKS 3 AND 4	Talk about the different ways of throwing and striking, e.g. high, low, fast, slow, under arm, over arm. In all games, teach the children to throw and strike using different heights and strengths. In net and striking and fielding games, teach the children to throw or strike the ball away from opponents accurately. In invasion games, teach the children to throw or strike the ball to their partner when they are ready, so that their team keeps the ball.		
WEEKS 5 AND 6	Ask the children about the best ways to score points and to stop points being scored. Listen to them explain how they work best with their partner(s). Teach them different rules and tactics for the three types of game, and explain how they have to think differently in each. Teach the children to watch others accurately. Help them to describe what they see and ask them to copy others' ideas, skills and tactics. Help them to recognise what is successful and teach them how to use this knowledge.		

WEEKS 7 AND 8	Talk to the children about how to make it difficult for their opponents in different games. Teach them to be alert. In invasion games, talk to them about how they can keep the ball and move it to the best places to score. In net and striking and fielding games, teach them to look for space, and to throw, hit or run into it, to help them to score. Encourage the children to choose actions, tactics and skills that suit the demands of specific situations in games and practices. Teach the children to watch others accurately. Help them to describe what they see and ask them to copy others' ideas, skills and tactics. Help them to recognise what is successful and teach them how to use this knowledge.
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**ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF SIMPLE GAMES.**

<b>AUTUMN:</b> TENNIS (N/W) FOOTBALL-TYPE GAMES (I)	<b>SPRING:</b> NETBALL-TYPE GAMES (I)	<b>SUMMER:</b> ROUNDERS (S/F) KWIK CRICKET (S/F)
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<b>GAMES</b>	<b>YEAR 3</b>
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**LEARNING INTENTIONS:**  
 To throw and catch, with control, to keep possession and score 'goals'  
 To be aware of space and use it to support team mates and cause problems for opponents  
 To know and use rules fairly to keep games going  
 To adopt and refine rules  
 To explain why it is important to warm up and cool down  
 To apply knowledge to games play  
 To keep up a continuous game, using a range of throwing/catching skills  
 To use a small range of racket skills  
 To choose and use a range of simple tactics for sending the ball to make it difficult for an opponent  
 To choose and use a range of simple tactics to defend the court  
 To make up net games, and understand the point of the game  
 To recognise how net games make the body work  
 To talk about good performance and recognise aspects to be improved

**Learning Objectives - Knowledge, Skills and Understanding:**

Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying
<ul style="list-style-type: none"> <li>▪ To consolidate and develop the range and consistency of their skills in net games</li> <li>▪ To consolidate and improve the quality of their techniques and their ability to link movements</li> </ul>	<ul style="list-style-type: none"> <li>▪ To choose and use a range of simple tactics and strategies</li> <li>▪ To keep, adapt and make rules for net games</li> <li>▪ To improve their ability to choose and use simple tactics and strategies</li> </ul>	<ul style="list-style-type: none"> <li>▪ To recognise what skilful play looks like</li> <li>▪ To suggest ideas and practices to improve their play</li> <li>▪ To describe and evaluate the effectiveness and quality of performance</li> <li>▪ To use what they have learned to improve their work</li> </ul>	<ul style="list-style-type: none"> <li>▪ To know why warming up is important</li> <li>▪ To recognise how playing affects their bodies</li> <li>▪ To know and describe the short-term effects of different exercise activities on the body</li> <li>▪ How to improve stamina</li> </ul>

**Teaching Activities:**

WEEK 1	Teach the children how to exercise safely when warming up. Ask the children to say when their body is cool, warm and hot. Help them to make the link between heart rates, breathing rates and temperature changes. Teach them how to maintain their heart rate during games lessons. Talk to them about what to do to improve their stamina.
WEEK 2	Ask the children to practise passing to a partner, using a number of sending and receiving techniques, e.g. throwing and catching, hitting or kicking and stopping. Help them to improve the accuracy of their passes, and to use space so that they keep possession better, e.g. how many successful throws and catches can they make in 30 seconds, stationary and later on the move, and then with some opposition. Using a range of balls and equipment, ask them to use a variety of ways to throw a ball, e.g. underarm, over arm, one-handed, two-handed, hard, soft, high, low. Teach them to throw into space away from their opponent. Teach them to vary the strength, length and direction of their throw.
WEEK 3	Help the children to remain in control of the ball while travelling, e.g. bouncing a ball with one hand, and to change speed and direction. Teach the children to call and signal to help partners know where they are going, e.g. by pointing. Talk to them about where to look when they travel with the ball, and what happens after they have passed the ball
WEEKS 4 AND 5	Teach them to intercept, stop and catch the ball, and to stand ready to move to catch. Help the children to become familiar with a racket and ball, so that they can hit the ball with the racket. Teach them to hold the racket so that they can hit a ball accurately. Teach them how to move their feet to get in line with the ball, so that they can stop or hit it with the end of their racket. Encourage them to use a wide range of different hitting skills in games, e.g. forehand, backhand, soft shots, hard shots
WEEKS 6 AND 7	Ask the children to play games that involve keeping possession and scoring in any of a number of targets. Ask them to play games three against one and four against one. Teach the children which passes are best and what tactics to use to keep possession. Help them to find space where they can receive a pass or support a partner. Talk to them about what they have to think about when their team has got the ball and when the opposition has the ball. Talk to the children about where to stand to give themselves the best chance of intercepting and returning the ball. Help them to choose effective ways to attack and defend when playing games. Ask them for their ideas on tactics, what they think the rules mean, and how to make the rules fairer.
WEEK 8	EVALUATING: Ask the children what they find difficult about keeping possession or winning the ball back in a game. Find practices and ideas to help them. Help them to say how they could improve their chances of scoring or defending successfully. Ask them to pick out the most effective parts of their play. Ask the children to describe what they do and think about when they are playing games. Help them to pick out important things to comment on. Listen to what they say they find hard. Talk to the children about how to change the game to make the game harder or easier. Ask them what they do well in a game, what they need help with, and what parts of the game they need to practise at playtime and at home.
<b><i>ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF GAMES.</i></b>	
<b><i>AUTUMN: Netball (I) Football (I)</i></b>	<b><i>SPRING: Tennis (N/W)</i></b>
<b><i>SUMMER: Rounders (S/F)</i></b>	

<b>GAMES</b>		<b>YEAR 4</b>	
<b>LEARNING INTENTIONS:</b> To play games with some fluency and accuracy using a range of techniques To find ways of attacking successfully when using other skills To use a variety of simple tactics for attacking well, keeping possession of the ball as a team and getting into positions to 'score' To know the rules of the games and use them fairly to keep games going To understand the need for defence as well as attack To lead partners through simple warm up routines with care and an awareness of the body To watch and describe others performances and suggest practices that will improve them To use a range of skills eg throwing, striking etc with some control and accuracy To choose and vary tactics to suit the situation in a game To carry out tactics successfully To set up small games			
<b>Learning Objectives - Knowledge, Skills and Understanding:</b>			
Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying

<ul style="list-style-type: none"> <li>To consolidate and develop the range and consistency of their skills in striking and fielding games</li> <li>To develop the range and consistency of their skills</li> </ul>	<ul style="list-style-type: none"> <li>To choose and use a range of simple tactics and strategies</li> <li>To keep, adapt and make rules for striking and fielding games</li> <li>To devise and use rules</li> </ul>	<ul style="list-style-type: none"> <li>To recognise good performance and identify the parts of a performance that need improving</li> <li>To explain their ideas and plans</li> </ul>	<ul style="list-style-type: none"> <li>To recognise how specific activities affect their bodies</li> <li>To begin to understand the importance of warming up</li> <li>To recognise which activities help their speed, strength and stamina</li> <li>To recognise when speed, strength and stamina are important in games</li> </ul>
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**Teaching Activities:**

WEEK 1	Teach the children different ways to get ready for games. Teach them how to include skills practices in their warm ups. Help them to make up, practise and remember appropriate routines to increase their speed and range of movement safely. Help the children to begin to combine stretching, stamina and skills development into a warm up routine.
WEEK 2	Ask the children to play games using throwing and catching, then to play them using other equipment and techniques. Teach them how to use different techniques and equipment e.g. kicking or striking and stopping, footballs, rugby balls, hockey sticks, pucks, balls. Teach them how to pass and dribble using different equipment and different techniques. Teach them how to position their bodies, hands, feet and equipment to receive, pass and shoot a ball.
WEEK 3	Teach the children how to hold different bats or rackets, and how to stand to hit the ball, eg sideways on a tee, look at the ball, transfer weight from back to front foot, swing through and hit. Teach them how to hit the ball off a tee and when a ball is bowled to them.
WEEKS 4 AND 5	<b><u>I and N/W:</u></b> Passing skills. Teach them how to pass and dribble using different equipment and different techniques. Teach them how to position their bodies, hands, feet and equipment to receive, pass and shoot a ball. <b><u>S/F ONLY:</u></b> Teach them how to stand ready as a fielder, eg get low to the ground behind the oncoming ball, cupped hands on the ground to receive the ball, and how to get in line with a ball, and how to get in line with a ball to stop or catch it. Ask them to stop the ball and throw it back to a partner, bowler or wicket-keeper quickly and accurately.
WEEKS 6 AND 7	Help them to understand how to score, and how to stop the opponent from scoring. Teach the children how to work as a team (particularly when fielding.) Talk to them about how the positions they take can make it harder or easier for the opponent. Ask the children to play games three against one and four against one. Teach them how to help each other and how to find and use space. Help them to score more regularly without making mistakes. Help them to choose and adapt their techniques to keep possession and to give their team the chance to score. Ask the children to evaluate how successful their tactics have been. Ask them what they think they need to do to improve their game, and what help they think they need with practising skills.
WEEK 8	Understand what types of rule are needed to make a game fair and exciting. Talk about how to involve everyone, and how to choose rules and skills that make the game fun. Devise own rules for a game.

***ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF GAMES.***

<b><i>AUTUMN:</i></b> Basketball (I) Hockey (I)	<b><i>SPRING:</i></b> Tennis (N/W) Volleyball (N/W)	<b><i>SUMMER:</i></b> Rounders (S/F) Kwik Cricket (S/F)
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<b>GAMES</b>	<b>YEAR 5</b>
<b>LEARNING INTENTIONS:</b> To pass, dribble and shoot with control in games To identify and use tactics to help the team keep the ball and advance it To mark opponents and help each other in defence To know and carry out warm up activities To pick out parts of performance that could be improved, and suggest ideas and practices to make them better To use forehand, backhand and overhead shots increasingly well in the games played To volley well	

To use the skills they prefer with competence and consistency  
 To understand the need for tactics  
 To start to choose and use tactics effectively  
 To play co-operatively with a partner  
 To apply rules fairly and consistently

**Learning Objectives - Knowledge, Skills and Understanding:**

Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying	Acquiring and developing skills Selecting and applying
<ul style="list-style-type: none"> <li>▪ To develop the range and consistency of their skills, especially in specific net games</li> <li>▪ To develop a broader range of techniques and skills for attacking and defending</li> </ul>	<ul style="list-style-type: none"> <li>▪ To use and adapt rules, strategies and tactics, using their knowledge of basic principles of attack and defence</li> <li>▪ To know and apply the basic strategic and tactical principles of attack, and to adapt them to different situations</li> <li>▪ To choose and apply skills more consistently in activities</li> </ul>	<ul style="list-style-type: none"> <li>▪ To evaluate performances, explain what needs improving in their own and other's work, and suggest possible improvements</li> <li>▪ To choose and use information to evaluate their own and other's work</li> </ul>	<ul style="list-style-type: none"> <li>▪ To know why warming up and cooling down are important</li> <li>▪ To know how physical activity affects their health</li> <li>▪ To know and understand the basic principles of warming up, and understand why it is important for a good-quality performance</li> <li>▪ To demonstrate that they understand the principles of warming up by choosing appropriate activities for the games they are going to play</li> </ul>

**Teaching Activities:**

WEEK 1	Ask the children to explain how their bodies react and feel when they play different games and take on different roles. Help them to understand how physical activity in games helps their bodies to grow and develop. Teach the children how the muscles work, eg work by getting shorter, relax by getting longer. Ask the children to make up short warm-up routines that follow basic principles, eg raise the body temperature, mobilise the joints, stretch muscles. Teach them the different parts of a warm up, eg gentle exercise followed by stretching, followed by more vigorous exercise.
WEEK 2	<b><i>N/W only:</i></b> Ask the children to hit a ball to each other so that it lands in the court. Help them to stand where they can hit, catch or receive the ball after it has bounced. Help them to hold and swing the racket well. Teach them to stand where they can see the ball and the court, and can hit the ball at the top of the bounce. <b><i>I only:</i></b> Ask the children to show ways to keep the ball away from defenders. Teach them how to shield the ball. Teach them how to change speed and direction with the ball to get away from a defender.
WEEKS 3 AND 4	<b><i>N/W only:</i></b> Teach them to hit the ball on both sides of the body and above the head. Teach them to get their feet into position and to swing the racket. Teach them some of the basic principles of movement. Teach the children to use three or more different types of shot when playing a game. Help them to play their shots with reasonable accuracy most of the time. Ask them to keep a rally going that is not co-operative. <b><i>I only:</i></b> Teach the children how to shoot accurately in a range of ways. Teach them how to mark an opponent. Talk to the children about their technique. Be clear about the requirements of the game or practice, eg accuracy, consistency and fluency of movement.
WEEK 5	<b><i>N/W only:</i></b> Ask the children to devise a scoring system that rewards accurate hitting. Help them to devise scoring systems that are competitive. Ask the children to use different ways of hitting the ball to send it into the court. Ask them for their ideas on adapting skills and equipment to make the game easier to play. Listen to their ideas on how large the court should be to help them play better, and on what type of racket and ball they like to play with. <b><i>I only:</i></b> Ask the children to think about when to pass and when to dribble or travel with the ball. Help the children to think about the places on the pitch from which it is easiest to score. Help them to find ways of getting the ball to these places. Teach them different formations as an attacking team. Show them how to use space, and changes in speed and direction, to keep possession and make progress towards the opposition's goal. Help them to identify where it is easiest to play attacking shots from. Give the children opportunities to talk to each other, so

	<p>that they can plan how to play as a team, evaluate what they do, and decide what they need to practise. Teach them how to defend the places on the pitch from which it is easiest to score and to stop the ball getting there.</p> <p><b>ALL:</b> Help the children to identify parts of the game that are going well, and parts that need improving. Listen to them explain how confident they feel in different positions. Encourage them to suggest what they need to practise to enjoy the game more and to improve</p>	
WEEKS 6 AND 7	<p><b>N/W only:</b> Teach them to hit the ball into court, but away from their opponent. Talk to them about ways to outwit their opponent, eg changing the speed, height and direction of the ball. Talk to them about how to defend their court well. Teach them where to stand to defend their court.</p> <p><b>I only:</b> Talk to the children about different positions in the team and the roles of players in these positions. Talk to them about how they help the team, eg by making space when attacking, covering team-mates when defending. Help them to understand how quick thinking makes the game difficult for opponents, both in attack and defence. Play small games where each player on the team has a specific role/position to play.</p> <p><b>ALL:</b> Help the children to identify parts of the game that are going well, and parts that need improving. Listen to them explain how confident they feel in different positions. Encourage them to suggest what they need to practise to enjoy the game more and to improve</p>	
WEEK 8	Assessment. Play some games and assess some of the skills learnt.	
<b>ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF GAMES.</b>		
<b>AUTUMN:</b> Tag Rugby (I) Tennis (N/W)	<b>SPRING:</b> Hockey (I) Badminton (N/W)	<b>SUMMER:</b> Rounders (S/F) Kwik Cricket (S/F)

<b>GAMES</b>	<b>YEAR 6</b>
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**LEARNING INTENTIONS:**

- To use different techniques for passing, controlling, dribbling and shooting the ball in games
- To apply basic principles of team play to keep possession of the ball
- To use marking, tackling and/or interception to improve defence
- To play effectively as part of a team
- To know what position to play in and how to contribute when attacking and defending
- To strike a bowled ball
- To use a range of fielding skills, with growing control and consistency
- To use and apply basic rules consistently and fairly
- To understand and implement a range of tactics in games
- To plan practices and warm ups
- To recognise personal strengths and weaknesses and those in others
- To identify the main aspects of a good performance and suggest ideas that will improve performances

**Learning Objectives - Knowledge, Skills and Understanding:**

<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>	<b>Acquiring and developing skills Selecting and applying</b>
<ul style="list-style-type: none"> <li>▪ To develop the range and consistency of their skills, especially in specific striking and fielding games</li> <li>▪ To choose, combine and perform skills more fluently and effectively in invasion games</li> </ul>	<ul style="list-style-type: none"> <li>▪ To use and adapt rules, strategies and tactics, using their knowledge of basic principles of batting and fielding</li> <li>▪ To understand, choose and apply a range of tactics and strategies for defence and attack</li> <li>▪ To use these tactics and strategies more consistently in similar games</li> </ul>	<ul style="list-style-type: none"> <li>▪ To evaluate strengths and weaknesses in their own and others' performances and suggest improvements</li> <li>▪ To develop their ability to evaluate their own and others' work, and to suggest ways to improve it</li> </ul>	<ul style="list-style-type: none"> <li>▪ To know how to warm up</li> <li>▪ To understand what to include in a warm up in order to improve performance</li> <li>▪ To understand why exercise is good for their fitness, health and well-being</li> <li>▪ To understand the need to prepare properly for games</li> </ul>

**Teaching Activities:**

WEEK 1	Talk to the children about getting ready for games. Ask them their ideas for warm-up exercises and routines. Teach them what makes a good warm up, eg it prepares the body for vigorous exercise, and cool down, eg it calms the body, prevents stiffness, settles the mind. Talk to them about choosing exercises that help their play, eg those that develop strength, speed and stamina. Ask the children to design their own warm up to teach to the class.
WEEK 2	<p><b><i>I only:</i></b> Teach the children to use skills in ways that will help them to outwit the opposition. Encourage them to perform the skills at greater speed and to develop their control. Help the children to identify the most important skills they need for the games. Teach the children how to mark a player and a space.</p> <p><b><i>S/F only:</i></b> Teach the children different ways of hitting the ball. Help them to hit the ball accurately into spaces, and to different parts of the field, when playing games. Teach them how to position their bodies and their feet to hit the ball accurately.</p>
WEEK 3	<p><b><i>I only:</i></b> Teach the children how to intercept and tackle to get the ball back.</p> <p><b><i>S/F only:</i></b> Teach the children to bowl accurately to help a partner and, later, to get an opponent out. Teach them to bowl with underarm and over arm actions. Teach</p>

	them how to place their feet and position their bodies. Teach them how to grip the ball to control it. Help them to bowl at different speeds.
WEEK 4	<b><i>I only:</i></b> Teach the children how to shoot from a distance and from close range. <b><i>S/F only:</i></b> Teach the children to retrieve, intercept and stop a ball when fielding. Teach them to get their body behind the ball. Help them to catch the ball with two hands and, when necessary, with one hand. Help them to throw the ball over arm efficiently when fielding.
WEEKS 5 AND 6	<b><i>I only:</i></b> Help the children to understand that when their team has the ball they are attacking, and when the opposition has the ball they are defending. Ask the children about different ways of attacking and encourage them to use them. Ask them to choose positions for their team carefully. Teach them that there are different ways to attack and defend as a team. Teach them to choose the best formations and tactics for defending and attacking. Encourage them to transfer their knowledge to different invasion games and situations <b><i>S/F only:</i></b> Hit the ball from both sides of the body. Direct the ball away from fielders, using different angles and speeds. Plan to outwit the opposition individually, as a pair or as a team, when they are batting, bowling and fielding. Gauge when to run after hitting the ball. Use tactics which involve bowlers and fielders working together. <b><i>ALL:</i></b> Recognise their own and others' strengths . Identify what they need to improve in their performance and suggest how they could do this. Teach them how to give feedback, eg to describe what they see, comment on techniques and tactics that went well, talk about something that needs improving.
WEEK 7	Evaluation: Talk to them about their observations, eg successfully completed passes, and ask why they have chosen one particular area that needs practising. Ask them to suggest ideas on how to improve as an individual and as a team. Talk to the children about how to get everyone involved in games and how to make them fairer. Listen to their ideas on how to adapt games and make sure that everyone has a part to play.
WEEK 8	Assessment. Play some games and assess some of the skills learnt.
<b><i>ALL OBJECTIVES TO BE TAUGHT IN EACH TERM THROUGH A WIDE RANGE OF GAMES.</i></b>	
<b><i>AUTUMN:</i></b> Tag Rugby (I) Football (I)	<b><i>SPRING:</i></b> Hockey (I)
	<b><i>SUMMER:</i></b> Rounders (S/F) Kwik Cricket (S/F)